



360 MINDFUL SOLUTIONS

Workplace Well-being & Culture Consulting

CAPABILITY

Statement



Audience Feedback On Mar 4, 2024

Testimonials

CitySquare AmeriCorps
Curing Chaos and Conflict

- “Very interactive and informative. I was engaged the entire time. She was a very personable and friendly speaker.”
- “Tangible and real conversations to help take appropriate action steps for culture improvement.”
- “This was great for thinking about how to resolve conflicts that arise at work.”

YOUR PARTNER IN *solving* WORKPLACE DISENGAGEMENT, BURNOUT, AND CONFLICT.

Core COMPETENCIES

Leadership Development
Empower leaders to utilize influence and cultivate healthy cultures.

Conflict Resolution
Resolve chaos and encourage teamwork and collaboration.

Stress Management
Increase awareness and implement protocols for total well-being.

Past PERFORMANCE

Dallas County
Culture enhancement interactive workshop series for leaders and teams.

CitySquare AmeriCorps
Curing Chaos & Conflict leadership interactive workshop.

N-Ovation Technology
One-on-One coaching to aid in stress relief and vision alignment.

Key DIFFERENTIATORS

Holistic
Mindfulness integrated into our services, supporting overall well-being.

Impact
Quantitative data measuring the impact of services on key metrics.

Tailored
Interventions address needs and challenges fast and effectively.

CHAMPION WELL-BEING

ENHANCE LEADERSHIP

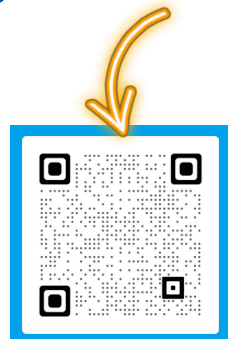
CREATE CULTURE

CORPORATE DATA

Registered Name: Vivian Hughes, LLC
DBA: 360 Mindful Solutions
Year Incorporated: January 2, 2014
State of Incorporation: Texas
D-U-N-S Number: 060363655
CAGE Code: 8CK42
NAICS CODES

- 541611
- 541612
- 611430

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CLIENTS



CERTIFICATIONS

