



Testimonials

360 MINDFUL SOLUTIONS



Vivian Hughes

★ 98% of 128 attendees to date found Vivian's sessions valuable

CAPABILITY Statement



Audience Feedback On Mar 4, 2024

CitySquare AmeriCorps
Curing Chaos and Conflict

- “ Very interactive and informative. I was engaged the entire time. She was a very personable and friendly speaker.
- “ Tangible and real conversation to help take appropriate action steps for culture improvement
- “ This was great for thinking about how to resolve conflicts that arise at work.

Your partner in *solving* workplace disengagement, burnout, and conflict.

Core

COMPETENCIES

Stress Management

Increase awareness and implement protocols for total well-being.

Conflict Resolution

Resolve chaos and encourage teamwork and collaboration.

Leadership Development

Empower leaders to utilize influence and cultivate healthy cultures.

Past

PERFORMANCE

Dallas County

Culture enhancement interactive workshop series for leaders and teams.

CitySquare AmeriCorps

Curing Chaos & Conflict leadership interactive workshop.

N-Ovation Technology

One-on-One well-being coaching to aid in stress relief and vision alignment.

Key

DIFFERENTIATORS

Holistic

Mindfulness integrated into our services, supporting overall well-being.

Impact

Quantitative data measuring the impact of services on key metrics.

Tailored

Customized interventions address unique needs and challenges with sensitivity.

CORPORATE DATA

Registered Name: Vivian Hughes, LLC

DBA: 360 Mindful Solutions

Year Incorporated: January 2, 2014

State of Incorporation: Texas

D-U-N-S Number: 060363655

CAGE Code: 8CK42

NAICS CODES **CERTIFICATIONS**

- 541611
- 541612
- 611430
- WOSB
- WBENC
- HUB

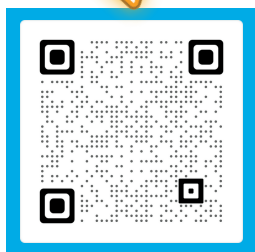
Contact: Vivian Hughes

Location: Dallas, TX

Email: vivian@360mindfulsolutions.com

Phone: 214-843-7281

Web: www.360mindfulsolutions.com



CLIENTS



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CERTIFICATIONS

